

Westside Medical Centre 11 Highfields Circuit Port Macquarie, NSW, 2444

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# Iron Infusions at Westside Medical Centre

Westside Medical Centre offers iron infusions for new as well as regular patients. We charge a \$100 out-ofpocket fee for an Iron Infusion.

Iron infusion (Ferinject) can provide significant benefit for patients with anaemia related to low iron. To ensure this procedure is appropriate for you, we request that you bring the following along to your scheduled appointment with us:

- 1. Referral letter from your treating Doctor requesting infusion and clinical need
- 2. Most recent pathology including iron studies and full blood count
- 3. Ferinject medication you will need to have this prescribed by your treating Doctor and collect the script from the Chemist.

## *If the medication and the above information is not bought to the consultation, the infusion will need to be* <u>rescheduled.</u>

#### What to expect at your consultation:

- Our GP will review your referral letter and pathology and will explain the risks and benefits of the procedure.
- In our procedure room, you will have an intravenous line inserted by our nurse (or GP) and the infusion given.
- During and after the procedure, you will have blood pressure and pulse monitoring.

### After the infusion:

- Westside Medical Centre will write a letter to your usual doctor with the details of your infusion.
- Within four weeks, you will need to see your regular GP to have further blood tests arranged to check the infusion has improved your condition. If further infusions are indicated, your regular GP can write another referral to us with updated details.

### **Risks of Iron Infusion:**

Iron infusion is generally a safe and beneficial procedure. However there are some important risks to be aware of. Please discuss any concerns with your doctor.

- Staining to arm from iron (this can be permanent (1 in 100-1000).
- Allergic reaction can be mild or occasionally life threatening (1 in 1000-10000).
- Infusion reactions headache, nausea, metallic taste, low blood pressure.
- Delayed reactions (after 1-2 days) joint aches, muscle aches, dizziness, fever, headache.

#### IF CHEST PAIN, BREATHING DIFFICULTY, MOUTH SWELLING develops after infusion - CALL 000